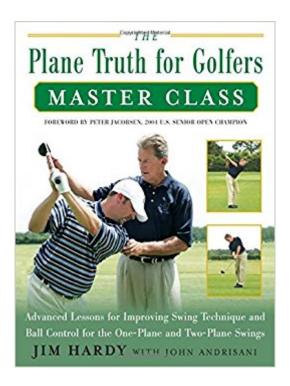


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The Plane Truth For Golfers Master Class: Advanced Lessons For Improving Swing Technique And Ball Control For One-Plane And Two-Plane Swings





Synopsis

Improve your swing with the teacher the pros trust: "(Jim Hardy) was the one person who really had the greatest influence on me in terms of my teaching. Jim had such an incredible mind for the game of golf." --From The Only Golf Lesson You'll Ever Need by Hank Haney, Tiger Woods' golf coach "Jim Hardy is the most knowledgeable teacher in golf. No other instructor has his understanding of golf swing techniques and what makes them work. \tilde{A} ¢ \hat{a} $\neg \hat{A}$ • --Peter Jacobsen, Champions Tour player and winner of seven PGA Tour championships "Jim Hardy's theories and explanation of the two distinct swing planes used in golf are perhaps the most important instructional book any golfer could ever own." --Inside Golf \tilde{A} ¢ \hat{a} $\neg \hat{A}$ "In my book, Jim Hardy is at the top. His information is the best. His presentation is logical and unique. He has discovered, through original thought, new information that will help every golfer. I have seen it at work and the results are amazing." --Carol Mann, LPGA Hall of Fame member

Book Information

Hardcover: 216 pages

Publisher: McGraw-Hill Education; 1 edition (February 15, 2007)

Language: English

ISBN-10: 0071482407

ISBN-13: 978-0071482400

Product Dimensions: 7.6 x 0.7 x 9.5 inches

Shipping Weight: 13.6 ounces

Average Customer Review: 4.7 out of 5 stars 51 customer reviews

Best Sellers Rank: #389,726 in Books (See Top 100 in Books) #19 in A A Books > Sports &

Outdoors > Coaching > Golf #440 inà Books > Sports & Outdoors > Golf #3253 inà Â Books >

Sports & Outdoors > Individual Sports

Customer Reviews

Fire-up your swing with the hottest new technique to hit the fairway! If your shots are off target and your swing needs improving, you simply won't find a better fix than the powerful breakthrough techniques of Jim Hardy. Jim's smash bestseller, The Plane Truth for Golfers, introduced the revolutionary one-plane and two-plane swings to golfers and teaching pros around the world. It changed how players think about golf and how the game is taught. In this exciting master class follow-up, he takes your swing to the next level, giving you in-depth instruction in how to execute both of these swings perfectly for on-target shots every time. Jim shows you how to: Assume the

proper stance and posture for each style Position and move your hips, shoulders, and torso correctly "Feel" the difference when you correct the faults in your swing Gain proficiency in your swing with detailed drills for both styles. He begins by giving you a review of the basics, outlining the one-plane and two-plane swings as he emphasizes his most crucial lesson: $\tilde{A}\phi\hat{a} - \mathring{A}$ "All swings are either one- or two-plane actions, and to become good at golf you must work towards being a fundamental purist, only learning and employing those elements relative to your swing type. $\tilde{A}\phi\hat{a} - \mathring{A}$ • With Jim's guidance, you'll first determine which swing type is right for you, then master your specialized swing. It's a powerful feeling when your body and arms are moving in total coordination with the club, and it can only happen once you master the art of the swing.

Jim Hardy is a golf instructor par excellence. A former PGA Tour professional and mentor to many of today's golf stars, he has been fixing the swings of amateurs and professionals since 1977. Hardy was voted one of "America's 50 Greatest Teachers" by Golf Digest and ranked in the "Top 100 Teachers" list of Golf magazine. He lives in Texas. John Adrisani is the former senior editor of instruction at Golf magazine and the author of nearly thirty books.

Maybe I am just getting used to golf vernacular, but I found Jim Hardy to be one of the most articulate authors of golf instruction that I have read, and I have read in the neighborhood of 20 golf instruction books to date...as far as the content, Hardy has been so very helpful in allowing me to realize that much of my consternation in the past has been due to me trying to mold a two-plane, conventional swing into my one-plane mentality without knowing that is what I was trying to do...finally, all of the aspects of the golf swing that seem intuitive to me now make sense once Hardy explained all the pieces of the one-plane swing - no more fighting myself! Trouble now is to unwind all the years of two-plane exercise directed by other books and a copuple of instructors to allow me the freedom of the one-plane approach, but, I am slowly getting there and so very pleased with the improving results...I hope lots/most instructors read this book so that they can help better implement the correct swing fundamentals for an individual, whether it be one- or two-plane...sure wish I had read this book as one of my earlier reads rather than later ones...

Good book. Good instruction.

Fantastic. Highly recommend!

I wish I had read Jim Hardy years ago. His description of the two basic swings, each with its own specific plane, is clear and super illuminating. Highly recommended to any serious golfer wishing to FINALLY understanding exactly what a "swing plane" is, and how to achieve it with either of the two basic swings. I recommend starting with his two books, and then watching the various Jim Hardy videos.

Excellent golf teaching concept which helps a player identify an approach to the game that best suits their physical makeup and capabilities. The drills are very helpful. It's refreshing for an instructor to acknowledge the obvious that what works for one golfer may not work at all for another golfer

I have read and perused the first book of JIM HARDY :THE PLANE TRUTH FOR GOLFERS .The MASTER CLASS version elaborates and improves on the first book .Essential to those who do not know what a single plane vs a two plane swing is and what huge advantages the one plane swing offers .I came to know about Jim HARDY thru SEAN FOLEY and his several magnificent books (THE ART OF PUTTING ,THE ART OF THE SHORT GAME ,THE AT OF SCORING)SEAN FOLEY thinks highly of JIM HARDY and his opinion is well deserved .All these boks have been bought thru COM who offers a first class service to people like me who live in FRANCE ,far away from the USA

Jim Hardy has rescued my waning interest in golf. I had been chronically struggling with blocking the ball to the right, and was unable to fix this despite multiple lessons with the local pro. After my third lesson, the pro suggested that I pick up a copy of this book, with special attention to the "one plane swing." The book can be easily read in an afternoon, and within 2 weeks I was hitting the ball straight and crisp. I realized that a lot of the things I had been taught previously did not apply to the one plane swing, and are in fact harmful. My scores improved from a 112 to 92 in just two short weeks. I highly recommend this book!

Jim's book is very enlightening. Knowing where you are at in your golf swing and being on plane are explained very well and the pictures are of good quality. I have both this and the previous copy and found them both to be helpful.

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